

This listing of claims will replace all prior versions, and listings, of claims in the application:

**LISTING OF CLAIMS:**

Claim 1 (cancelled)

Claim 2 (cancelled)

Claim 3 (cancelled)

Claim 4 (cancelled)

Claim 5 (currently amended): A method for relieving stresses in humans comprising inhaling an effective quantity of a fatty-acid-removed valerian oil produced by an alkali treatment; wherein said fatty-acid-removed valerian oil is an active component of a perfume; and wherein said stress is relieved due to ~~relieving perfume reduces~~ a reduction in cortisol concentration in said humans ~~human body~~.

Claim 6 (previous amended): The method according to claim 5, wherein said fatty-acid-removed valerian oil is more than 0.2% by weight of said perfume.

Claim 7 (cancelled)

Claim 8 (cancelled)

Claim 9 (cancelled)

Claim 10 (currently amended): A method for decreasing cortisol value in humans comprising allowing said humans to inhale ~~, which is characterized by inhalation of~~ an effective quantity of a fatty-acid-removed valerian oil produced by an alkali treatment so as to decrease said cortisol value in said humans.

Claim 11 (previously added): The method according to claim 10, wherein fatty acids have been removed from valerian oil.

Claim 12 (previously added): The method according to claim 10, wherein the perfume comprises more than 0.2% by weight of valerian oil per perfume.

Claim 13 (cancelled)

Claim 14 (cancelled)